## Maluhia Lunch Menu

JULY

Consumer Advisory: Consuming raw or undercooked foods may increase your risk of food-borne illness. Menu is subject to change. Adjustments are made for special dietary needs.

| Sunday | Monday | Tuesday | Wednesday | Thursday |  | Friday |  | Saturday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | July. 1 | July . 2 | July. 3 |  | July. 4/HOL |  | July. 5 |  | July. 6 |
|  | Salsa Chicken Rice Casserole <br> Peas <br> Tossed Salad <br> Banana Pudding | Crabcake with Sauce <br> Rice <br> Corn <br> 3-Beans Salad <br> Confetti Jello | Chicken Nishime <br> Rice <br> Somen Salad Japanese Cheesecake | Fish Curry <br> Rice <br> Peas <br> Tossed Salad <br> Apple Turnover |  | Pork Adobo <br> Rice <br> Carrots <br> Cucumber Salad <br> Coconut Cream Pie |  | Beef Sukiyaki Rice Tossed Salad Brownies |  |
| July. 7 | July. 8 | July. 9 | July. 10 |  | July. 11 |  | July. 12 |  | July. 13 |
| Asian Turkey Curry Rice Tossed Salad Ice Cream | Chinese Roast Chicken <br> Rice <br> Corn <br> Chinese Salad <br> Fruited Jello | Pork Guisantes <br> Rice <br> Carrots <br> Beets Salad with Mayo <br> Carrot Cake | Potato Bacon Chowder <br> Fish on Bun <br> Mixed Vegetables <br> Tomato Salad <br> Brd Pudding with Coconut Sc | Pork Vegetable Stirfry Yaki Soba Noodles Tossed Salad Almond Cookies - |  | Hamburger Steak w/Onion, Gr Rice <br> Mixed Vegetables <br> Macaroni Salad <br> Leon Cream Pie |  | Oven Fried Chicken w/Gravy Rice Green Beans <br> Tossed Salad <br> Fruited Jello |  |
| July. 14 | July. 15 | July. 16 | July. 17 |  | July. 18 |  | uly. |  | July. 20 |
| Ham w/Pineapple Sauce <br> Yam <br> Squash <br> Coleslaw <br> Chef's Cake | Filipino Turkey Meatloaf Rice Green Beans Tossed Salad Boston Cream Pie | Beef Curry <br> Rice <br> Potato/ Mac Salad <br> Cookies | KoreanBBQ Chickenw/Sc <br> Rice <br> Peas and Carrots <br> Beansprout Salad <br> Jello Cream Cheese Squares | Maluhia Luau Rice Lomi Salmon Haupia |  | Chinese Steam Fish Rice <br> Won Bok <br> Asian Slaw <br> Almond Cookies |  | Turkey Patty with Gravy Rice Green Beans Tossed Salad Fruited Jello |  |
| July. 21 | July. 22 | July. 23 | July. 24 |  | July. 25 |  | July. 26 |  | July. 27 |
| Tomato Beef Mac Casserole Mixed Vegetables Tossed Salad Ice Cream | Sweet Sour Pork with <br> Vegetables <br> Rice <br> Chinese Salad <br> Almond Float w/Fruit Cocktail | Fish Stuffed with Crab Rice Broccoli 3-Beans Salad Cookies | Italian Meat Sauce <br> Spaghetti <br> Squash <br> Italian Salad w/Dressing <br> Boston Cream Pie | Chicken Long Rice with Vegetables Rice Lomi Salmon Haupia |  | Chicken Noodle Soup <br> Teriburger on Bun <br> Peas <br> Tomato Salad <br> Brownies |  | Fish Jun with Sauce Rice Green Beans Tossed Salad Custard |  |
| July. 28 | July. 29 | July. 30 | Roast Turkey with Gravy <br> Mashed Potato <br> Mixed Vegetable/Cranb <br> Tossed Salad <br> Pumpkin Squares | Happy Yndependence day |  |  |  |  |  |
| Chicken Guisantes <br> Rice <br> Carrots <br> Tossed Salad <br> Ice Cream | Pork Long Rice with Vegetables Rice <br> AsianSalad /MisoSesame Drsg Jello Cake w/Whipped Cream | Beef Stew <br> Rice <br> Macaroni Salad <br> Apple Cobbler |  |  |  |  |  |  |  |

