

Maluhia Lunch Menu

OCTOBER 2026

Consumer Advisory: Consuming raw or undercooked foods may increase your risk of food-borne illness.
Menu is subject to change. Adjustments are made for special dietary needs.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
									Oct. 1		Oct. 2		Oct. 3
								Maluhia Lau Lau Rice Lomi Salmon Haupia -		Chinese Steam Fish Rice Won Bok Asian Slaw Manju Squares		Turkey Patty with Gravy Rice Green Beans Tossed Salad with Dressing Jello with Whip Cream	
	Oct. 4		Oct. 5		Oct. 6		Oct. 7		Oct. 8		Oct. 9		Oct. 10
Tomato Beef Mac Casserole Mixed Vegetables Tossed Salad with Dressing Ice Cream -		Sweet Sour Pork with Vegetable Rice Chinese Salad with Oriental Dr Almond Float w/Mandarin Or		Fish stuffed with Crab Rice Broccoli 3-Bean Salad Sugar Cookies -		Italian Meat Sauce Spaghetti Squash Italian Salad with Dressing Boston Cream Pie		Chicken Long Rice with Vegetables Rice Lomi Salmon Haupia		Chicken Noodle Soup Teriyaki Burger on Bun Peas Tomato Salad with Mayo Brownies		Fish Jun with Sauce Rice Green Beans Tossed Salad with Dressing Custard Pie	
	Oct. 11		Oct. 12		Oct. 13		Oct. 14		Oct. 15		Oct. 16		Oct. 17
Chicken Guisantes Rice Tossed Salad with Dressing Ice Cream		Pork Long Rice with Vegetable Rice Asian Salad w/Miso Sesame Dr Jello Cake w/Whip Cream		Beef Stew Rice Macaroni Salad Apple Cobbler -		Turkey Meat Sauce Fettuccine Pasta Green Beans Tossed Salad with Dressing Custard Pie		Misoyaki Fish Rice Corn Namasu Japanes Cheese Cake		Korean BBQ Beef with Sauce Rice Peas and Carrots Beansprout Salad Orange Raisin Bar		Pork Menudo Rice Beets Salad with Mayo Leche Flan	
	Oct. 18		Oct. 19		Oct. 20		Oct. 21		Oct. 22		Oct. 23		Oct. 24
Fried Fish w/Tartar Sauce Rice Green Beans Tosed Salad with Dressing White Cake w/Coconut Frost		Green Chili Chicken Rice Corn Tossed Salad with Dressing Banana Pudding		Crabcake with Sauce Rice Peas 3-Beans Salad Confetti Jello		Chicken Nishime Rice Somen Salad Japanese Cheesecake -		Fish Curry Rice Peas Tossed Salad with Dressing Apple Turnover		Pork Adobo Rice Carrots Cucumber Salad with Mayo Coconut Cream Pie		Beef Sukiyaki Rice Tossed Salad with Dressing Brownies	
	Oct. 25		Oct. 26		Oct. 27		Oct. 28		Oct. 29		Oct. 30		Oct. 31
Asian Turkey Curry Rice Tossed Salad with Dressing Ice Cream		Char Siu Chicken Rice Corn Chinese Salad w/Oriental Drsg Jello with Whip Cream		Pork Guisantes Rice Carrots Beets Salad with Mayo Carrot Cake		Potato Bacon Chowder Fish on Bun Mixed Vegetables Tomato Salad with Mayo Brd Pudding w/Coconut Sauce		Pork Vegetable Stirfry Yaki Soba Noodles Tossed Salad with Dressing Almond Cookies -		Hamburger Steak w/Onion/Gravy Rice Mixed Vegetables Macaroni Salad Lemon Cream Pie		Oven Fried Chicken w/Gravy Rice Green Beans Tossed Salad with Dressing Fruited Yoqurt	